

L.A.B. = LEADERSHIP AWARENESS & BEHAVIOR

As our world continues to transform in ways we didn't think imaginable, leadership must transform as well. The ones who will thrive are the leaders who are prepared to effectively engage their employees and to create fair and welcoming workplaces.

IMMERSIVE & EXPERIENTIAL THREE-DAY WORKSHOP

A positive culture is driven by empathy, trust, and authenticity – and the leaders who model those behaviors. The Inclusity L.A.B. equips and empowers leaders to do so.

The LA.B. is a supportive, growth-oriented environment. Leaders will feel safe to ask questions, and express leadership and cultural challenges. Through in-depth discussions, interactive exercises, and deep introspection, they will expand their understanding of themselves and others.

- Skills to engage employees and lead with authencity and empathy
- Deeper self-awareness and understanding of others' perspectives
- Increased ability to foster a culture of belonging and productivity
- In-depth understanding of how socialization affects behaviors and the impact on the workplace and employees
- Actionable steps to intentionally include others

THE EXPERIENCE

Trust the hundreds of people leaders who have gone through a L.A.B. It's far from a sit-down lecture! We know that the

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The most important and impactful training I've ever attended in my 25+ year career.

- LEADER, FORTUNE 100 CORPORATION

most impactful learning happens in an interactive, small group setting, with compassionate, skilled facilitators. Participants can reflect and discuss honestly, without fear of judgement.

We encourage and create a focused environment for the three days of the workshop. With minimal distractions and the space to learn freely, participants will experience optimal growth.

Gain deep insights and actionable skills to elevate your leadership





L.A.B. OBJECTIVES

- Grow your emotional and social intelligence, which will help you successfully lead others
- Strengthen relationship-building skills
- Deepen your appreciation for each person's individuality and their contributions in an organization
- Recognize how our identities and socialization shape our experiences and perspectives
- Learn how our brains make automatic assumptions, which can negatively affect behavior if not managed
- Understand the impact of unintentional exclusion in the workplace
- Explore the spectrum of relationship dynamics
- Discover how to listen to people's experiences in a way that builds trust, reinforces connections, and improves the climate
- Identify specific actions to increase fairness and people's sense of belonging

MORE THAN JUST A WORKSHOP

The Inclusity L.A.B. is more than a workshop! Because it's an intensive training experience and an investment of time, we want participants to gain as much as possible from it.

That's why we start with a 1:1 Pre-L.A.B. Conversation, which is a confidential, virtual meeting with an Inclusity facilitator. This is an opportunity for the participants to establish comfort with Inclusity, learn more about the workshop, and ask any questions they might have about it.

To reinforce and extend the learning and development from the L.A.B., we recommend following up with individual coaching and virtual check-in sessions with the L.A.B. group.

The course didn't focus on what I am doing wrong but rather acknowledged my actions/beliefs as normal and showed me ways to be better.

- EMPLOYEE, FORTUNE 100 CORPORATION

For more information or to register:

INCLUSITY.COM/LABS



Transform Your Culture, Create Inclusion.